

①	早餐 BREAKFAST	午餐 LUNCH	晚餐 DINNER
星期一 Monday	豉油皇炒麵配點心兩件 Fried Noodles with Soya Sauce, Dim Sum x 2 pcs	生炒雞絲飯配時蔬 Fried Rice with Shredded Chicken and Seasonal Vegetables	菠蘿生炒排骨配白飯,時蔬 及水果 Sweet and Sour Pork with Pineapple Served with Steamed Rice, Seasonal Vegetables and Daily Fruit x 1 pc
星期二 Tuesday	西式麵包兩件, 腸仔, 熟蛋一 隻及紙包飲品 Western Pastry x 2 pcs, Sausages, Poached Egg x 1 pc, and Carton-packed Drinks x 1 pc	忌廉蘑菇雞皇飯及時蔬 Chicken with Mushroom Cream Sauce Served with Steamed Rice and Seasonal Vegetables	印度咖哩薯仔牛腩配白飯 及時蔬 Indian Curry with Beef Brisket and Potato Served with Steamed Rice and Seasonal Vegetables
星期三 Wednesday	懷舊蝦米炒銀針粉 配點心一件 Stir-fried Dried Shrimps with Silver Pin Noodle, Dim Sum x 1 pc	麵醬雲耳蒸雞飯及時蔬 Steamed Chicken and Black Fungs with Soybean Paste with Steamed Rice and Seasonal Vegetables	京醬蔥豬柳配白飯及時蔬 Stir-fried Pork and Scallion with Sweet Bean Sauce Served with Steamed Rice, Seasonal Vegetables
星期四 Thursday	珍珠雞兩件配點心兩件 及紙包飲品 Steamed Glutinous Rice in Lotus Leaf x 2 pcs, Dim Sum x 2 pcs, and Carton-packed Drinks x 1	瑞士汁雞翼配白飯及時蔬 Chicken Wings in Swiss Sauce Served with Steamed Rice and Seasonal Vegetables	意式蕃茄洋蔥蘑菇燴豬軟骨 配白飯及時蔬 Braised Pork Cartilage with Tomato, Onion and Mushroom Sauce in Italian Style Served with Steamed Rice and Seasonal Vegetables
星期五 Friday	西式麵包兩件, 腸仔, 熟蛋一隻 Western Pastry x 2 pcs, Sausages, Poached Egg x 1 pc	雪菜肉絲炆米及時蔬 Rice Vermicelli with Pickled Cabbage and Shredded Pork and Seasonal Vegetables	乾蔥雞球配白飯,時蔬及水果 Sautéed Chicken with Red Onion, Scallion and Spring Onion with Steamed Rice, Seasonal Vegetables and Daily Fruit x 1 pc
星期六 Saturday	懷舊蝦米炒銀針粉 配點心一件 Stir-fried Dried Shrimps with Silver Pin Noodle, Dim Sum x 1 pc	黃咖喱燴雞件配白飯及時蔬 Curry Chicken Served with Steamed Rice and Seasonal Vegetables	紅酒燴牛筋條配白飯及時蔬 Braised Beef in Red Wine Sauce Served with Steamed Rice and Seasonal Vegetables
星期日 Sunday	豉油皇炒麵配點心兩件 及紙包飲品 Fried Noodles with Soya Sauce, Dim Sum x 2 pcs, and Carton-packed Drinks x 1 pc	菠蘿蝦仁炒飯配時蔬 Fried Rice with Shrimps and Pineapple and Seasonal Vegetables	蠔油香菇雞球配白飯及時蔬 Sautéed Chicken and Mushroom in Oyster Sauce and Seasonal Vegetables

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星期一 Monday	西式麵包兩件, 腸仔, 熟蛋一隻 Western Pastry x 2 pcs, Sausages, Poached Egg x 1 pc	茄汁雞絲炒意粉配時蔬 Fried Spaghetti with Shredded Chicken in Tomato Sauce and Seasonal Vegetables	印度咖哩薯仔牛腩配白飯, 時蔬及水果 Indian Curry with Beef Brisket and Potato Served with Steamed Rice, Seasonal Vegetables and Daily Fruit x 1 pc
星期二 Tuesday	懷舊蝦米炒銀針粉 配點心一件及紙包飲品 Stir-fried Dried Shrimps with Silver Pin Noodle, Dim Sum x 1 pc, and Carton-packed Drinks x 1 pc	意式白菌雞皇飯及時蔬 Chicken à la King with White Button Mushroom in Italian Cream Sauce Served with Steamed Rice and Seasonal Vegetables	野菌粟米肉粒配白飯及時蔬 Sautéed Pork with Sweet Corn and Assorted Mushrooms Served with Steamed Rice, and Seasonal Vegetables
星期三 Wednesday	珍珠雞兩件配點心兩件 Steamed Glutinous Rice in Lotus Leaf x 2 pcs, Dim Sum x 2 pcs	蟲草花蒸雞飯及時蔬 Steamed Chicken and Dried Cordyceps Served with Steamed Rice and Seasonal Vegetables	蠔油豬柳配白飯,時蔬 Sautéed Pork in Oyster Sauce Served with Steamed Rice, Seasonal Vegetables
星期四 Thursday	西式麵包兩件, 腸仔, 熟蛋一隻及紙包飲品 Western Pastry x 2 pcs, Sausages, Poached Egg x 1 pc, and Carton-packed Drinks x 1 pc	葡國汁燴雞件配白飯及時蔬 Portuguese Coconut Curry Chicken Served with Steamed Rice and Seasonal Vegetables	紅咖哩薯仔燴魚柳配白飯 及時蔬 Fish Fillet and Potato in Red Curry Served with Steamed Rice and Seasonal Vegetables
星期五 Friday	懷舊蝦米炒銀針粉 配點心一件 Stir-fried Dried Shrimps with Silver Pin Noodle, Dim Sum x 1 pc	榨菜肉絲炆米及時蔬 Rice Vermicelli with Shredded Pork and Pickled Mustard and Seasonal Vegetables	柱侯蘿蔔牛腩配白飯,時蔬 及水果 Braised Beef Brisket with Radish in Chu Hou Sauce with Steamed Rice, Seasonal Vegetables and Daily Fruit x 1 pc
星期六 Saturday	豉油皇炒麵配點心兩件 Fried Noodles with Soya Sauce, Dim Sum x 2pcs	白汁粟米雞粒配白飯及時蔬 Diced Chicken and Sweet Corn in Sauce Béchamel Served with Steamed Rice and Seasonal Vegetables	燒汁洋蔥豬柳配白飯及時蔬 Pork with Onion in Teriyaki Sauce Served with Steamed Rice and Seasonal Vegetables
星期日 Sunday	西式麵包兩件, 腸仔, 熟蛋一隻及紙包飲品 Western Pastry x 2 pcs, Sausages, Poached Egg x 1 pc, and Carton-packed Drinks x 1 pc	櫻花蝦海鮮炒飯及時蔬 Fried Rice with Dried Baby Shrimps and Seafood and Seasonal Vegetables	瑞士汁雞翼配白飯及時蔬 Chicken Wings in Swiss Sauce Served with Steamed Rice and Seasonal Vegetables

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星期一 Monday	豉油皇炒麵配素點心兩件 Fried Noodles with Soya Sauce, Dim Sum x 2 pcs	雜菜炒烏冬配時蔬 Fried U-don with Assorted Vegetables and Seasonal Vegetables	羅漢齋配白飯,時蔬及水果 Sautéed Beancurd with Mushrooms Served with Steamed Rice, Seasonal Vegetables, and Daily Fruit x 1 pc
星期二 Tuesday	西式麵包兩件, 熟蛋一隻 及紙包飲品 Western Pastry x 2 pcs, Poached Egg x 1 pc, Carton-packed Drinks x 1 pc	黑松露醬燴本菇配白飯 及時蔬 Pan-fried Bai Ling Mushroom with Black Truffle Sauce Served with Steamed Rice, and Seasonal Vegetables	車厘茄本菇忌廉配白飯 及時蔬 Cherry Tomato and Mushroom Cream Sauce Served with Steamed Rice, Seasonal Vegetable and Dessert
星期三 Wednesday	清素銀針粉配點心一件 Assorted Vegetable with Silver Pin Noodle, Dim Sum x 1 pc	羅漢齋燴飯及時蔬 Stewed Rice with Assorted Vegetables and Seasonal Vegetables	蓮藕片炒素帶子配白飯 及時蔬 Sautéed Sliced Lotus Roots and Vegan Scallops Served with Steamed Rice, Seasonal Vegetables
星期四 Thursday	豉油皇炒麵配素點心兩件 及紙包飲品 Fried Noodles with Soya Sauce, Dim Sum x 2 pcs, Carton-packed Drinks x 1 pc	海南咖喱雜菜配白飯 及時蔬 Assorted Vegetables in Curry Served with Steamed Rice and Seasonal Vegetables	鮮竹燻粗齋配白飯及時蔬 Braised Mushroom and Vegetables with Beancurd Sheet Served with Steamed Rice, Seasonal Vegetables and Dessert
星期五 Friday	西式麵包兩件, 熟蛋一隻 Western Pastry x 2 pcs, Poached Egg x 1 pc	蠔皇草菇燻伊麵及時蔬 Stewed E-fu Noodles with Straw Mushrooms in Oyster Sauce and Seasonal Vegetables	珍菌炒素雞配白飯,時蔬 及水果 Stir-fried Vegan Chicken (Tofu) and Mushrooms Served with Steamed Rice, Seasonal Vegetables and Daily Fruit x 1 pc
星期六 Saturday	清素銀針粉配點心一件 Assorted Vegetable with Silver Pin Noodle, Dim Sum x 1 pc	鮮冬菇粉絲燴津白配白飯 及時蔬 Stir-fried Vegan Chicken (Tofu) with Mushrooms, Chinese Vermicelli with Stewed Cabbage and Fresh Mushroom Served with Steamed Rice and Seasonal Vegetables	咖喱薯角素火腿配白飯 及時蔬 Potato Wedges and Vegan Ham in Curry Served with Steamed Rice, Seasonal Vegetable and Dessert
星期日 Sunday	豉油皇炒麵配素點心兩件 及紙包飲品 Fried Noodles with Soya Sauce, Dim Sum x 2 pcs, Carton-packed Drinks x 1 pc	田園素炒絲苗及時蔬 Fried Rice with Mushrooms and Vegetables, Seasonal Vegetables, Daily Soup	玉豆炒素雞柳配白飯及時蔬 Stir-fried Vegan Chicken (Tofu) and French Beans Served with Steamed Rice and Seasonal Vegetable

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②	早餐 BREAKFAST	午餐 LUNCH	晚餐 DINNER
星期一 Monday	西式麵包兩件, 熟蛋一隻 Western Pastry x 2 pcs, Poached Egg x 1 pc	素珍爛新竹米及時蔬 Stewed Rice Vermicelli with Mushroom and White Fungus Served with Seasonal Vegetables	紅爛雜菌豆腐配白飯, 時蔬 及水果 Braised Assorted Mushrooms and Fungus with Tofu in Brown Sauce Served with Steamed Rice, Seasonal Vegetables, and Daily Fruit x 1 pc
星期二 Tuesday	清素銀針粉配點心一件 及紙包飲品 Assorted Vegetable with Silver Pin Noodle, Dim Sum x 1 pc, Carton-packed Drinks x 1 pc	羅漢齋配白飯及時蔬 Sautéed Beancurd with Mushrooms Served with Steamed Rice and Seasonal Vegetables	車厘茄本菇忌廉配白飯 及時蔬 Cherry Tomato and Mushroom Cream Sauce Served with Steamed Rice and Seasonal Vegetables
星期三 Wednesday	豉油皇炒麵配素點心兩件 Fried Noodles with Soya Sauce, Dim Sum x 2 pcs	田園素炒絲苗及時蔬 Vegetables Fried Rice and Seasonal Vegetables	彩椒西芹炒素帶子配白飯 及時蔬 Stir-fried Bell-pepper, Celery and Vegan Scallops Served with Steamed Rice, Seasonal Vegetables
星期四 Thursday	西式麵包兩件, 熟蛋一隻 及紙包飲品 Western Pastry x 2 pcs, Poached Egg x 1 pc, Carton-packed Drinks x 1 pc	鮮冬菇粉絲燴津白配白飯 Chinese Vermicelli with Stewed Cabbage and Fresh Mushroom Served with Steamed Rice and Seasonal Vegetables	素雞紅爛雜菌配白飯及時蔬 Sautéed Assorted Mushroom with Vegan Chicken (Tofu) in Brown Sauce and Seasonal Vegetables
星期五 Friday	清素銀針粉配點心一件 Assorted Vegetable with Silver Pin Noodle, Dim Sum x 1 pc	雜菜炒烏冬及時蔬 Stir-fried U-don with Assorted Vegetables and Seasonal Vegetables	家常素豆腐配白飯, 時蔬 及水果 Sautéed Tofu and Roasted Egg Plants with Assorted Mushrooms Served with Steamed Rice, Seasonal Vegetables and Daily Fruit x 1 pc
星期六 Saturday	豉油皇炒麵配素點心兩件 Fried Noodles with Soya Sauce, Dim Sum x 2	什菌紅燒茄子配白飯, 時蔬 及餐湯 Sautéed Tofu and Roasted Egg Plants with Assorted Mushrooms Served with Steamed Rice, Seasonal Vegetables and Daily Soup	蓮藕片炒素火腿配白飯 及時蔬 Stir-fried Lotus Root Slices and Vegan Ham Served with Steamed Rice and Seasonal Vegetables
星期日 Sunday	西式麵包兩件, 熟蛋一隻 及紙包飲品 Western Pastry x 2 pcs, Poached Egg x 1 pc, Carton-packed Drinks x 1 pc	鮮冬菇粉絲燴津白配白飯 及時蔬 Chinese Vermicelli with Stewed Cabbage and Fresh Mushroom Served with Steamed Rice and Seasonal Vegetables	玉豆炒素雞柳配白飯及時蔬 Stir-fried Vegetarian Chicken (Tofu) and French Beans Served with Steamed Rice and Seasonal Vegetables

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星期一 Monday	香料扁豆燉蔬菜, 蒸鹹米漿糕 Sambar x 1 pc, Idli x 1 pc	黑扁豆紅腰豆奶油咖喱, 印式菠菜奶酪配印度香米飯, 香烤印度饅餅 Dal Makhani x 1 pc, Palak Paneer x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc	印式奶油雞肉咖喱, 馬薩拉香汁 紅腰豆配印度香米飯, 香烤印度饅餅及水果 Butter Chicken x 1 pc, Rajma Masala x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc and Daily Fruit
星期二 Tuesday	薯仔咖喱, 香烤印度饅餅 及紙包飲品 Potato Curry x 1 pc, Tandoori Naan x 1 pc and Carton-packed Drink x 1 pc	魚肉咖喱, 印式菠菜奶酪 配印度香米飯, 香烤印度饅餅 Fish Curry x 1 pc, Palak Paneer x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc	黑扁豆紅腰豆奶油咖喱, 印式烤雞燴馬薩拉香汁, 配印度香米飯, 香烤印度饅餅 Dal Makhani x 1 pc, Chicken Tikka Masala x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc
星期三 Wednesday	鷹嘴豆蒸糕, 香料炒扁米 Dhokla x 1 pc, Poha x 1 pc	雜菜咖喱, 馬薩拉香汁芝士配 印度香米飯, 香烤印度饅餅 Vegetable Curry x 1 pc, Paneer Masala x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc	印式奶油雞肉咖喱, 北印椰菜 薯仔咖喱配印度香米飯, 香烤 印度饅餅 Butter Chicken x 1 pc, Aloo Gobi x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc
星期四 Thursday	香料扁豆燉蔬菜, 蒸鹹米漿糕及紙包飲品 Sambar x 1 pc, Idli x 1 pc and Carton-packed Drink x 1 pc	北印椰菜薯仔咖喱, 馬薩拉 香汁紅腰豆配印度香米飯, 香烤印度饅餅 Aloo Gobi x 1 pc, Rajma Masala x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc	魚肉咖喱, 菠菜薯仔 配印度香米飯, 香烤印度饅餅 Fish Curry x 1 pc, Aloo Palak x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc
星期五 Friday	薯仔咖喱, 香烤印度饅餅 Potato Curry x 1 pc, Tandoori Naan x 1 pc	印式奶油雞肉咖喱, 印式菠菜奶酪配印度香米飯, 香烤印度饅餅 Butter Chicken x 1 pc, Palak Paneer x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc	雜菜咖喱, 印式烤雞燴馬薩拉 香汁配印度香米飯, 香烤印度 饅餅及水果 Vegetable Curry x 1 pc, Chicken Tikka Masala x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc and Daily Fruit
星期六 Saturday	鷹嘴豆蒸糕, 香料炒扁米 Dhokla x 1 pc, Poha x 1 pc	魚肉咖喱, 雜菜咖喱配 印度香米飯, 香烤印度饅餅 Fish Curry x 1 pc, Vegetable Curry x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc	北印椰菜薯仔咖喱, 馬薩拉香汁芝士配印度香米飯, 香烤印度饅餅 Aloo Gobi x 1 pc, Paneer Masala x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc
星期日 Sunday	香料扁豆燉蔬菜, 蒸鹹米漿糕及紙包飲品 Sambar x 1 pc, Idli x 1 pc and Carton-packed Drink x 1 pc	雜菜咖喱, 黑扁豆紅腰豆奶 油咖喱配印度香米飯, 香烤印度饅餅 Vegetable Curry x 1 pc, Dal Makhani x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc	印式奶油雞肉咖喱, 菠菜薯仔配印度香米飯, 香烤印度饅餅 Butter Chicken x 1 pc, Aloo Palak x 1 pc, served with Steamed Basmati Rice, Tandoori Naan x 1 pc

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星期一 Monday	白粥配雙熟蛋 Congee served with Boiled Egg x 2 pcs	陳菇乾燒炒時蔬配白飯 Sautéed Seasonal Vegetables with Mushroom Served with Steamed Rice	南瓜煮爛粗齋配白飯及合時水果 Stewed Mushrooms and Fungus with Pumpkin Served with Steamed Rice Daily Fruit
星期二 Tuesday	粟米片, 荳奶一包 Cornflakes and Soy Milk	鮮茄雜菌配白飯 Sautéed Assorted Mushrooms with Tomato Served with Steamed Rice	田園素炒絲苗清配白飯 Stir-fried Vegetables Served with Steamed Rice
星期三 Wednesday	白粥配雙熟蛋 Congee served with Boiled Egg x 2 pcs	鮮冬菇燴津白配白飯 Stewed Cabbage with Mushroom, Served with Steamed Rice	茄子什菜配白飯 Sautéed Mixed Vegetables with Egg Plants Served with Steamed Rice
星期四 Thursday	粟米片, 荳奶一包 Cornflakes and Soy Milk	雜菌西蘭花配白飯 Sautéed Broccoli and Assorted Mushrooms Served with Steamed Rice	鮮茄什菜配白飯 Sautéed Assorted Vegetables and Tomato Served with Steamed Rice
星期五 Friday	白粥配雙熟蛋 Congee served with Boiled Egg x 2 pcs	煎豆腐伴野菌配白飯 Pan-fried Beancurd with Wild Mushrooms Served with Steamed Rice	南瓜煮什菜配白飯及合時水果 Stewed Assorted Vegetables with Pumpkin Served with Steamed Rice, Daily Fruit
星期六 Saturday	粟米片, 荳奶一包 Cornflakes and Soy Milk	什菜炒米粉 Fried Rice Vermicelli with Assorted Vegetables	鮮茄炒蛋配白飯 Scrambled Egg with Tomato Served with Steamed Rice
星期日 Sunday	白粥配雙熟蛋 Congee served with Boiled Egg (2 pcs)	鮮竹煮津白配白飯 Stewed Cabbage with Beancurd Sheet Served with Steamed Rice	茄子什菜配白飯 Sautéed Assorted Vegetables and Egg Plants Served with Steamed Rice

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